



National Council LIVE Webinars

Tuesday, April 28

Mental Health First Aid USA

11 am Pacific/12 pm Mountain/1 pm Central/2 pm Eastern

Duration: 90 minutes, including time for your questions

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Presenters

Lea Ann Browning McNee, Outreach and Development Officer, National Council for Community Behavioral Healthcare; **Don Miskowiec**, CEO, North Central Behavioral Health Systems, LaSalle, IL; **Karen Hyatt**, Emergency Mental Health Specialist, Iowa Department of Human Services

Join us for this webinar to learn all about [Mental Health First Aid](#), the exciting public education program, and how you can use it to make an impact in your community.

Mental Health First Aid is a 12-hour training course designed to give members of the public key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The strong evidence behind the program, which was conceived in Australia and has been replicated all over the world, demonstrates that it builds mental health literacy -- helping the public identify, understand and respond to signs of mental illness. In the next ten years, we expect that Mental Health First Aid in the U.S. will become as common as CPR and First Aid training.

Lea Ann Browning-McNee, who has trained more than 200 instructors, presents an overview of Mental Health First Aid USA and talks about ways in which you can bring the program to your community.

Don Miskowiec discusses how his behavioral health organization is using Mental Health First Aid in the communities it serves.

Karen Hyatt explains how the state of Iowa has partnered with community organizations to provide the program statewide.

Questions? Email Communications@thenationalcouncil.org or call 202.684.7457, ext. 240.

Mark Your Calendar for Upcoming National Council LIVE Webinars

All webinars start at 2 pm eastern, [watch our website](#) for details and registration.

- May 12: Running Your Own Pharmacy: Does It Make Business Sense?
- May 26: Young Professionals on the Leadership Track
- June 16: Quit Smoking: Help for Consumers and Staff
- June 30: Addiction as a Chronic Condition
- July 14: Nurse-Family Partnership: Coming to Your Community

National Council for Community Behavioral Healthcare
1701 K Street NW, Suite 400 | Washington, DC 20006
202.684.7457 | www.TheNationalCouncil.org

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